



July 13, 2015

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at www.usagria.army.mil under "News" and then "Local News."

Island Insight Submission: <https://home.ria.army.mil/sites/ii/ii.cfm>

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Workforce Reductions

Last week, the Department of the Army announced a plan to reduce its active force by approximately 40,000 soldiers, from 490,000 to 450,000. This reduction in the military force will be accompanied by a reduction of approximately 17,000 Department of the Army civilians. Under the plan, these reductions will take place in fiscal year 2016, which begins on Oct. 1, and fiscal year 2017, which ends on Sept. 30, 2016. The Army is taking these measures due to ongoing fiscal and budgetary restraints. The impact will be felt Army-wide, with some reductions expected at nearly every installation in the continental United States and overseas. I know that you are most interested in how and when these reductions will affect Rock Island Arsenal, given the Arsenal's key role in the area's economy. Any change in the size and make-up of the Arsenal's total workforce affects the entire community, so announcements such as the one made last week naturally raise questions and concerns. At this point, I'm unsure about the exact size and nature of the reductions, if any, which could happen at Rock Island



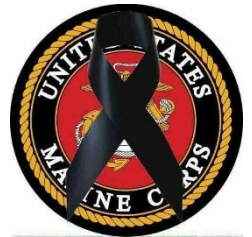
Upcoming Dates

- July 20:** AMC Best Warrior Competition
- July 20:** Stress Management Workshop, ACS Training Room, Bldg. 110, 11 a.m.
- July 21:** Time Management Training, Bldg. 56, Rm 122, 10:30 a.m.
- July 22:** Army Community Service 50th Anniversary Celebration, ACS Spaces, Bldg. 110
- July 22:** Couples Communication Class, ACS Training Room, Bldg. 110, 5 p.m.
- July 23:** Newcomers Orientation & Bus Tour, Arsenal Clubhouse, 8 a.m.
- July 23:** Discovery Time Playgroup, Vander Veer Park, 9:30 a.m.
- July 23:** Corps of Engineers Organizational Day, Memorial Park, 11 a.m.
- July 23:** Council of Colonels, Arsenal Island Clubhouse, 11:30 a.m.
- July 23:** Military Fatherhood Program, Sports Complex, 5:30 p.m.
- July 24:** ACS 50th Anniversary, Bldg. 110, 12 p.m.
- July 28-Aug. 2:** The Wall That Heals, Memorial Park
- July 28:** BRC-Motorcycle Riding Course, Motorcycle Range, 7:30 a.m.
- July 29:** JMC Organizational Day
- July 29:** Paintless Dent Repair, Auto Skills Shop, 9 a.m.
- July 30:** BRC2-Motorcycle Riding Course, Motorcycle Range, 7:30 a.m.
- July 28:** BRC-Motorcycle Riding Course, Motorcycle Range, 7:30 a.m.
- July 29:** JMC Organizational Day
- July 30:** BRC2-Motorcycle Riding Course, Motorcycle Range, 7:30 a.m.

Arsenal over the next two years. However, I can state that it appears unlikely that drastic reductions will take place at the Arsenal. As noted above, the reductions are global in nature and will be spread throughout the Army, lessening their impact at any particular location. Last week's announcement was anticipated, and came as no surprise to me or to other leaders at the Arsenal. We have planned for these reductions and have taken steps to lessen their potential impact on Arsenal employees. In its announcement, the Army stated that it expects the reduction in the civilian workforce could be made through attrition and by not filling vacant positions. Rock Island Arsenal is the "Home of Army Logistics," and the work we perform here is of inestimable value to our nation's warfighters. Though we are faced with challenges, we will respond to this situation by continuing to complete our mission. We are a united team of military, civilian and contractor professionals, with a Midwestern work ethic that enables us to do our best under any circumstances. Rock Island Arsenal is indeed an integral part of this community, and has always relied on community support. I appreciate all that you've done for us in the past, I thank you for your support, and ask that you continue to support the Arsenal and the Army. - *Maj. Gen. Kevin G. O'Connell, Commanding General, U.S. Army Sustainment Command & Senior Mission Commander, Rock Island Arsenal*

Carter Offers Condolences in Wake of Chattanooga Tragedy

Defense Secretary Ash Carter today expressed condolences in the wake of shooting attacks in Chattanooga, Tennessee, that left four Marines dead and another service member wounded. "It is with a heavy heart that I learned of today's tragic events in Chattanooga," the secretary said in a statement. "My thoughts and prayers - along with those of the men and women of the Department of Defense - are with the families of those killed in this senseless act of violence and with all those touched by this tragedy, including our Navy and Marine Corps family." Carter also expressed his gratitude to local law enforcement personnel for their swift response. The Defense Department will continue to work with them as they investigate this heinous crime, he added, and "will support our military families in their time of grief." ([More](#))



Congress Pushes To Allow Troops to Be Armed On Military Bases

Congressional leaders said Friday they will direct the Pentagon to allow troops to carry guns on base for personal protection following a deadly shooting rampage in Tennessee that killed four Marines and seriously wounded a sailor at a recruiting center. The directive will be included in the National Defense Authorization Act, which sets defense policy for the coming year and may be finalized by the House and Senate this month, according to a joint statement from Sen. John McCain, R-Ariz., and Rep. Mac Thornberry, R-Texas, who are heading negotiations over the bill. Gun proponents have been calling for the Defense Department to lift its current policy, which allows only security and law enforcement to carry loaded guns on military facilities outside of war zones, since Army Maj. Nidal Malik Hasan killed 13 people and wounded more than 30 in a shooting spree at Fort Hood, Texas, in 2009. ([More](#))



Expansion of Benefits May Be In the Cards

OPM has raised the possibility of making some of those types of services a basic part of federal employee benefits, saying it will work with employee organizations and others "to develop a proposal for the types of credit and identity theft monitoring services that should be provided to all federal employees in the future – regardless of whether they have been affected by this incident – to ensure their personal information is always protected." Employee organizations are arguing that the higher level of services should apply to everyone affected by either breach; they also have called for

lifetime services for all employees, including by asking the federal courts to order them. Meanwhile, legislation (S-1746 and HR-3029) has been introduced in Congress to mandate expanded identity theft coverage for all federal workers, contractors and other individuals affected by the clearance breach, including lifetime coverage and not less than \$5 million of identity theft insurance. And some on Capitol Hill continue to criticize the administration for emphasizing the potential for identity theft—by stressing that there is no evidence yet that the data has been used for that purpose and by urging individuals to take steps to protect themselves—rather than the national security implications. ([More](#))

OPM Acts to Protect Federal Workers, Others from Cyber Threats

U.S. Office of Personnel Management officials yesterday announced the results of the interagency forensics investigation into a recent cyber incident involving federal background investigation data and the steps it is taking to protect those affected.

21.5 Million Social Security Numbers Stolen

Since learning of the incident affecting background investigation records, OPM and the interagency incident response team concluded that sensitive information, including the Social Security numbers of 21.5 million individuals, was stolen from the background investigation databases. This includes 19.7 million people who applied for a background investigation, and 1.8 million non-applicants, predominantly spouses or cohabitants of applicants, officials said. There is no information at this time to suggest any misuse or further dissemination of the information that was stolen from OPM's systems, they added.

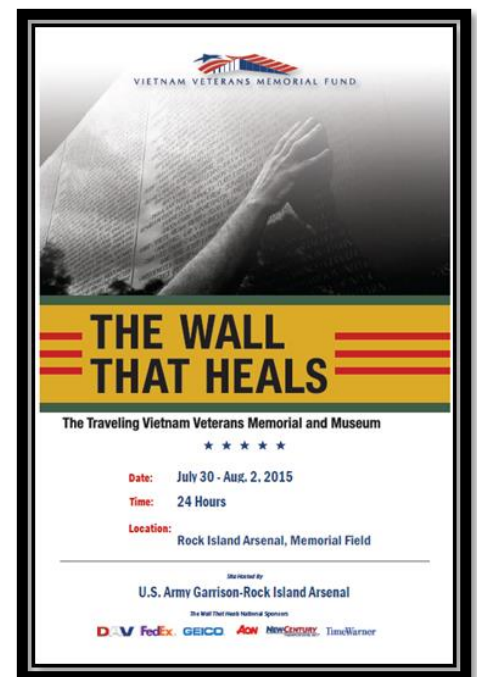
New Resources

Today, OPM launched a new, online incident resource center at <https://www.opm.gov/cybersecurity> to offer information regarding the OPM incidents as well as direct individuals to materials, training, and useful information on best practices to secure data, protect against identity theft, and stay safe online. ([More](#)) ([StandTo!](#))



The Wall That Heals

The USAG-Rock Island Arsenal, in cooperation with the Vietnam Veteran's Memorial Fund, will host The Wall That Heals, **July 29 through Aug. 3**. The Wall That Heals is a half-scale replica of the Vietnam Veteran's Memorial in Washington D.C., and includes a Mobile Museum Display. The Wall and Display will be available for public visitation, 24-hours a day, from **July 30 to Aug. 2**. Rock Island Arsenal leaders would be honored to have your organization participate in this historic event to commemorate the 50th Anniversary of the Vietnam War by visiting the display and by having members of your organization volunteer to stand vigil. **Volunteers being sought:** The VVMF requires volunteers to stand vigil at the event site 24-hours a day to provide short information briefs to visitors and to locate names of fallen warriors on the wall. Volunteers must be at least 18-years of age. Vigil shifts will be divided into three hour shifts. The event site will be located at Memorial Field. Everyone is also invited to attend the opening day ceremony on Thursday, **July 30**, at 10 a.m. at Memorial Field. For additional information or to volunteer, please contact [Kris Leinicke](#) at 309-782-3518 or [Jeremiah Cowgill](#) at 309-782-2241.



3rd Annual Freedom Run

Join us for the Quad Cities only military-themed run on Thursday, **Aug. 6**, at 5:45 p.m., at the Quad Cities Running Club HQ in East Moline (733 15th Ave.) for the 3rd Annual Freedom Run – A Tribute and Appreciation Event for Those Who Serve(d). Proceeds will once again benefit AUSA and USO emergency relief grant programs that support military and military families in need in the Q.C. community. Participants will receive a military themed t-shirt, drawstring bag, and dog tags. Division roster for the Freedom Run will include: • 5K Run/Walk; • Double Time; • Frontline Chiropractic Mile; • Ground Pounder Fun Run; • MIA Division. The first 500 to "enlist" will also receive silencers for their dog tags. Register online at getmeregistered.com. Packet pick up and registration will take place at the Running Club HQ on Wednesday, **Aug. 5**, 2-6 p.m.; and on Thursday, **Aug. 6**, 2-6 p.m. ([Flyer](#))



Unique Project Will Benefit Genesis We Honor Veterans Program

Participants in the Quad-City Times Bix 7 can support veterans in a special and unique way at the annual Bix 7 Expo on July 23-24. By donating unwanted and gently used shoes, veterans at the end of life will benefit from the Genesis We Honor Veterans program. Gently used footwear that is donated at the Genesis We Honor Veterans booth at the Expo will be recycled. For each 5,000 pounds of shoes donated, the Genesis We Honor Veterans program will receive a donation of approximately \$2,000. ([More](#))

Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the Lock and Dam Lounge (in Bldg. 60), on **Friday, Aug. 13 & 20, 10 a.m. – 3 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119. A **2nd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:30 p.m. on Aug. 13 & 20**. A **3rd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on Aug. 28**. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor. **DMC** will host a blood drive **1-4:30 p.m., on Aug. 13**, in the MVRBC Donor Bus parked at Bldg. 350. To donate, please Sgt. First Class Jared Clapper at 309-782-5485 or visit www.bloodcenterimpact.org and use code 1554 to locate the drive.



July & August Blood Drive Hours Extended, Trial Basis: *"The Mississippi Valley Regional Blood Center drives at Rock Island Arsenal will feature extended hours from 10 a.m. – 3 p.m. for the months of July and August. This is taking place as a trial to see if the extended hours will facilitate and enable more Arsenal Island employees to give who may not otherwise have the time in their schedule."*



Summer Blood Donors Entered into Drawing for a 2015 Jeep Patriot: *"This summer, you could win a 2015 Jeep Patriot by giving blood with Mississippi Valley Regional Blood Center! It's part of the 'Made in the USA' promotion to support the blood supply through the difficult summer months, when the rate of blood donation drops by about 20 percent.."*

Also, a slight change in that every donor must present photo ID or a blood donor card to be eligible to donate blood. Arsenal badges are acceptable. The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).

VIOS Schedule for August

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **Aug. 4, 5, & 6**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available digitally. Additional prints can be ordered in VIOS. All scheduled dates can be found on the [RIA VIOS website](#).

Walking Tours of Locks & Dam 15 in July, August

The U.S. Army Corps of Engineers' park rangers from the Rock Island District at the Mississippi River Visitor Center, located at Locks and Dam 15 at the west end of Arsenal Island, will conduct two walking tours of Locks and Dam 15 every Saturday and Sunday; one at 10 a.m., and another at 2 p.m. Each tour will last approximately 30 minutes and is weather dependent. Tour size is limited and proper footwear is required. No open toe shoes, sandals or high heels will be permitted. Call 309-794-5338 for information or to register.

Hiring Our Heroes

Join us Wednesday, **July 22**, 11 a.m. to 2 p.m., for a job fair for veteran job seekers, active duty military members, guard and reserve members, and military spouses at the RiverCenter in Davenport. The Employment Workshop begins at 8:30 a.m., while the Hiring Fair is from 10 a.m. to 1 p.m. For additional information and registration visit

www.uschamberfoundation.org/event/davenport-hiring-fair



Tribute to Our Fallen

Since its inception in the summer of 2004, one year after the onset of Operation Iraqi Freedom, a small group, now known as the Mississippi Valley Patriots, has put together a special event to honor those brave souls who had made the ultimate sacrifice. Today Tribute to Our Fallen annual event, held at the Davenport Memorial Park, has grown exponentially. The first few years were dedicated solely to the military in Iraq, Afghanistan, the first responders and civilians lost on 9/11. Since 2008's event, veterans of all eras have been included in this very special remembrance. The event this year is **Aug. 21-23** and is free to the public. Tribute to Our Fallen is staffed around the clock from the opening ceremony, Friday, **Aug. 21**, at 7 p.m., to the closing ceremony, Sunday, **Aug. 23**, at 4 p.m. There are several events scheduled throughout the weekend. The key note speaker is Debbie Lee, GSM/mother of Marc A. Lee, U.S. Navy SEAL, KIA, Aug. 2, 2006. Please invite a friend. Volunteers are always welcome to join on Friday, **Aug. 21**, for setup. ([More](#))



Croquet Tournament Fundraiser to Help Historic House

Step back in time for the fourth annual Colonel's Croquet Party on Sunday, **Aug. 23**, on Arsenal Island at 2 p.m. Dress in your croquet whites (not required) to play the same game of croquet you play in your backyard. Croquet courts will be set up on the lawn of the historic Quarters One, next to the Arsenal Golf Club. Teams of two can play in the fun round-robin tournament. Or there will be courts set up to just join in the fun and play croquet with other enthusiasts in the Quad Cities. We are going to have shorter courts for faster play this year. The championship court will still be full-size. Teams in the tournament portion are awarded a point for each wicket they pass through. There will be a review of nine-wicket rules before play begins. Players will compete for the coveted Colonel Davenport trophy. Tickets are \$25 for adults; and \$10 for children 11 years and younger to attend the Colonel's Croquet Party. Hors d'oeuvres, croquet play, wine tasting, and tours of the house are included. This is a rain or shine event. For more information or to purchase tickets, contact Jessica Waytenick at 309-737-4280 or purchase tickets online at www.davenporthouse.org.



Save the Date – 8th Annual Cards for the Troops

Please join us on Tuesday, **Sept. 29**, 6:30-9 p.m., at Heritage Hall, Bldg. 60, for the 8th Annual Cards for the Troops. Hand-made rubber stamp art cards are created by hundreds of volunteers under the guidance of local stamping artists for our deployed troops to mail home to loved ones. No stamping experience required. To date, 36,000 cards have been sent through Cards for the Troops to our military serving in Afghanistan, Iraq, Africa, and to those aboard our aircraft carriers, the USS Carl Vinson and the USS John C. Stennis. Seating is limited... please RSVP to: mssipple1@gmail.com. Packagers needed also. Adults only (high school and older). There is no charge for this event. Please bring one roll of Scotch double-sided tape – all other materials supplied. See you there. ([More](#))

Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — **The Venue:** Located at 1405 5th Ave. in Moline, we would like to say thank you to all Rock Island Arsenal personnel – bring in your Arsenal ID/badge on Mondays and receive a 20 percent discount on food and soda (this excludes family feast special). **New Life Chiropractic Clinic:** All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18th Street in Bettendorf. **Chocolate Manor:** All Arsenal Island military and civilian employees will receive a 10 percent discount off their total purchase on any of our award winning homemade chocolates at 110 E. 2nd St., Davenport, just show your ID. **Roosters Sports Bar and Grill:** All military and civilian's get 10 percent off their bill. Come head down for lunch at 2130 3rd St., Rock Island, new specials daily. **Peachwave Frozen Yogurt:** Peachwave, 3431 Devils Glen Rd., Bettendorf, offers a 10 percent discount every day to all military and veterans. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

Arsenal Traffic/Construction



Moline Bridge Opening to Bicycle Traffic

From the desk of the Garrison Commander: Arsenal family, I have good news. We will open the Moline Bridge to bicycle traffic starting Monday morning, **20 July**. All of the required improvements to make it safe have been completed. We still have a few more items to complete but nothing to cause us to further delay the opening. Riders will only be allowed to ride on the portions of the bridge that have metal rails that extend the height of the walls. That includes the bridge itself and the up and down ramps from River Dr. The portion of the bridge leading down to 14th street and 4th Ave in Moline are prohibited. We will plan a formal ceremony at a later date. All drivers please be aware that we will be practicing "share the road" with bicyclists. Please be courteous. All bicyclists please ensure you wear all appropriate protective equipment to include helmet, reflective gear, and front and rear lights when riding in early morning and late evening. - *COL Speights, Garrison Commander*

Road, Parking Closures on Baumbeck in Front of Buildings 208 and 210

Commencing **July 13-24**, the Directorate of Public Works will be closing Baumbeck Avenue north of buildings 208 and 210 to all vehicular traffic, parking and pedestrian travel. Barricades will be set up at both east and west ends of the road of the affected areas. North doors of Bldg. 210 Annex will also be closed. Entrance to that office suite will need to be directed through Bldg. 210. Closure is required to install new water mains/fire hydrants in the affected area. All traffic/parking/etc. will be reopened once install is complete and testing acceptance is completed. Closure may require extension if rain events cause delays in the schedule. Bldg. 208 closure will take place **July 13-17**, while the Bldg. 210 closure will take place **July 20-24**. More short closures of these areas will be required in the near future when making the connections to the buildings and making permanent repairs to the road and parking spaces.

Parking Lot Closures

The Directorate of Public Works plans to close parking lots 1D and 1E for repairs. Closure of lot 1D began June 15, with completion expected in six weeks. Closure of Lot 1E would immediately follow with completion expected in six weeks. These lots are located along Rodman Avenue in front of buildings 108, 109, and 110. Physical changes to the lot configuration will include the addition of curb and gutter and closure of the East Street access point to Lot 1E. Striping changes include removal of all southern parking spaces in order to create a fire lane and the conversion of northern parking spaces to perpendicular parking in order to optimize the remaining parking spaces. Reserved parking changes in the lots include the addition of 10 accessible parking spaces to lot 1E, six short term parking spaces in lot 1E, and four motorcycle parking spaces in lot 1D. All remaining spaces would be open parking. One lane of access to Rodman directly north of Bldg. 109 will remain open to facility parking when the lot is not closed. Drivers are encouraged to use Lot 1O (south of Memorial Field) as an alternative parking lot for the duration of construction. Barricades and signs will be posted to warn and control traffic.

JMC Organizational Day Parking

JMC is hosting an "Organization Day" at Memorial Field on **July 28**. JMC is using 15 spaces that will be blocked off near the pavilion (marked on attached) for the entire day to accommodate vendors, handicap personnel, etc. Parking passes may be issued for the people needing reserved spaces and have them display the pass in their windshield for the duration of the event. Please note, JMC will not be blocking the road off to people who want to use the ATM.

Rock Island Viaduct Sidewalk Closed to Pedestrians

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.



Building/Space Closures



There are no announcements at this time.



Active Duty/Reserve Zone



Discovery Time Playgroup

Come join us Thursday, **July 23**, 9:30-11:30 a.m., at Vander Veer Park, for fun and friendship. Discovery Time Playgroup is a great way to meet new people and learn about the community and its resources, all while having fun with your children and it's all free to you. Offered every Thursday from 9:30-11:30 a.m. See flyer for days, times and locations. Call 309-782-0829 for more information. ([Flyer](#))

Military Fatherhood Program

Dads, bring the kids Thursday, **July 23**, to the Sport Complex Pavilion, for a night of fun. First we will have a full picnic followed by an exciting activity with our special guest, Bob Windt who will teach us how to build and launch our very own jet gliders. Please RSVP to 309-782-3049 or jennifer.a.kerr10.civ@mail.mil ([Flyer](#))

Bix 7 Road Race Waives Entry Fee

The [Bix 7 Road Race](#), **July 25**, in Downtown Davenport, again this year is honored to be able to waive entry fees for active duty military, guard and Reserve. Complete the [printable entry form](#), enter your military ID number where indicated and mail your entry to us. You must pick up your packet in person at the Bix 7 Expo and show your military ID. Last year several hundred military, guard and reserve participated. Additionally, last year the Bix committee was able to establish two distinctive viewing areas for veterans. The starting line saw several honor flight participants, while the top of Brady and Kirkwood had a large contingent representing the Vietnam veterans. The 41st

Anniversary is shaping up to be another great event and we're excited to show our continued appreciation to the military. ([Entry Form](#))

Putnam Museum is a Blue Star Member Institution

The Putnam is now one of more than 2,000 museums across America to offer free admission to military personnel and their families this summer in collaboration with the National Endowment for the Arts, Blue Star Families, and the Department of Defense. Any active duty military personnel including National Guard and Reserve, and up to five family members, receive free admission to the Museum and Science Center **Memorial Day through Labor Day**. "We are honored and excited to be able to bring this program to our Quad Cities Military families," said President and CEO Kim Findlay. "Through our participation in the Blue Star Museums program, we are able to show our continued support for all our active military and thank them for their hard work and sacrifices." Leadership support has been provided by MetLife Foundation through Blue Star Families. The program provides families an opportunity to enjoy the nation's cultural heritage and learn more about their new communities after a military move. The complete list of participating museums is available at arts.gov/national/blue-star-museums.

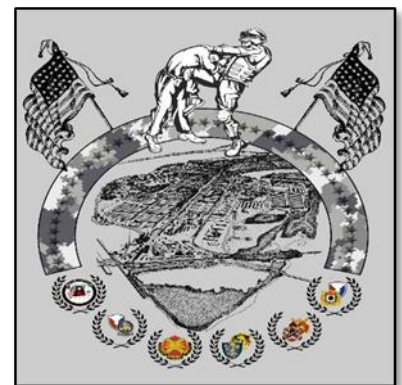


Brides Across America Celebrates Independence Day By Giving Away Free Wedding Gowns Nationwide

Brides Across America is proud to kick off its annual Operation Wedding Gown campaign at participating bridal salons nationwide. From **July 11-18**, in honor of Independence Day, qualified military brides can go into a participating salon and receive a free wedding gown. "Operation Wedding Gown" has grown and we are now able to grant weddings to our military couples in need. Oftentimes military couples find it difficult to plan their "fairy tale" wedding due to deployment, injury and/or economic hardship. With the collaborative effort, Brides Across America has donated more than 14,000 gowns to military brides and has gifted 20 weddings. More information can be found at www.bridesacrossamerica.com.

Battle for the Rock

The Battle for the Rock - Modern Army Combatives Program Tournament, sponsored by Army Sustainment Command and First Army, will take place **Sept. 12** at the Rock Island Arsenal Fitness Center kicking off at 8 a.m. Championship bouts starting will be 2-4 p.m., with the awards presentation immediately following last bout. Participants should include Soldiers and teams on Rock Island Arsenal and in the general area. (Team size will not exceed 14 Soldiers; teams can have a maximum of two fighters per weight class). Registration forms must be received no later than **Sept. 10**. Weigh-ins will be **Sept. 11**, 10 a.m. - 12 p.m., at the Fitness Center. All registrations must be scanned and emailed to david.r.stephenson8.mil@mail.mil or mailed to United States Army Sustainment Command, WODA USA SUSTAINMENT CMD, 390 / Rm HHC Command Suite Basement SW, Rock Island, IL 61299, ATTN: SFC Stephenson. For more information call 309-782-3234.



Military 4-H Scrapbooking SPIN Club

Explore, Engage, Innovate... the world of scrapbooking. Take photos you have and create a scrapbook that will last a lifetime. Each month youth will learn a new scrapbooking technique and create a page. Snacks will be at each meeting. Eligibility includes military youth, ages 12-18. This program will meet every 3rd Wednesday of the month, **Feb. 18 to Dec. 16**, 5:30-7 p.m., in the Cassion Room, in Bldg. 60. Cost includes a supply fee of \$20; non-4-H members add a \$20 program fee (fee waivers available upon request). [Register online today!](#) Or for more information call the University of Illinois Extension, Rock Island County 4-H Office at 309-756-9978. University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate call 309-756-9978 at least two weeks in advance.

Safety Spotlight



**ARMY SAFE
IS ARMY STRONG**



For Your Safety – Around Wildlife

The Rock Island Arsenal offers an abundant of wildlife sighting opportunities. However, for your safety and the health of the animals, we offer the following safety tips: • Observe wildlife from a distance. Do not follow or approach them. • Do not touch, get close to, or pick up wild animals. It is stressful to the animal, and it is possible that the animal may harbor rabies or other diseases. • Young animals removed or touched by well-meaning people may cause the animals parents to abandon them. • Never feed animals. Feeding wildlife damages their health, alters natural behaviors, and exposes them to predators and other dangers. • Avoid wildlife during sensitive times: mating, nesting, raising young, or winter. • Sick or wounded animals can bite, peck or scratch and send you to the hospital. If you observe a sick animal or animal in trouble, notify the Public Works Help Desk at 309-782-2387. The installation has a wildlife expert on staff that will address these types of issues. We hope that the above safety tips will keep you and our wildlife safe. Learn more at <http://web.extension.illinois.edu/wildlife/about.cfm>



Motorcycle Riding Courses

The Garrison Safety Office is offering Motorcycle Riding Courses for military personnel. The motorcycle rider training program is certified by the Motorcycle Safety Foundation. The courses are designed to help riders manage their risk and increase their skills through riding and classroom instruction. Per DODI 6055.4, DOD Traffic Safety Program, military personnel who operate motorcycles must be appropriately licensed to operate on public highways and must have successfully completed an approved rider or operator safety course meeting the MSF-based State-approved curriculum. Any military member operating a motorcycle on or off Rock Island Arsenal must be in possession of a MSF card when they ride to verify completion of required training. The motorcycle training courses at RIA are scheduled as follows:

- Basic Motorcycle Riding Course: **July 28-29** (two eight-hour days)
- Experienced Rider Course: **July 30** (one eight-hour day)
- Military Sport Bike Riding Course: **Sept. 22** (one eight-hour day)
- Basic Motorcycle Riding Course: **Sept. 23-24** (two eight-hour days)

Registration for courses is through the web-based "AIRS" system at

<https://imc.army.mil/airs/default.aspx>

Note: Each course is limited to 12 riders. If a minimum number of riders is not realized or if a need for a particular class is greater than the number of classes scheduled, a class may be cancelled or shifted. If the need exists for additional classes or you need further information please contact either Nancy Carlson or Michael Chaplin via phone extension 309-782-1380 or via email nancy.l.carlson.civ@mail.mil or michael.j.chaplin.civ@mail.mil, respectfully.

Equal Employment Opportunity Focus



Pentagon to Lift Military Ban on Transgender Service

The Pentagon is setting in motion a plan to lift the longstanding prohibition on allowing transgender men and women to serve openly in the military. Defense Secretary Ash Carter announced the plan Monday and said the individual services will have six months to prepare for the historic policy change. "The Defense Department's current regulations regarding transgender service members are outdated and are causing uncertainty that distracts commanders from our core missions," Carter said in a statement. Under current Defense Department regulations, transgender individuals are considered medically unfit for service and can be separated honorably if diagnosed with "psychosexual conditions, including but not limited to transsexualism, exhibitionism, transvestism, voyeurism, and other paraphilias," according to Defense Department Instruction 6130.03. ([More](#))

Morale, Welfare & Recreation



Morale, Welfare & Recreation (MWR)

Visit the MWR website at www.riamwr.com for information on all MWR programs.

Changes to Hours of Operation at the Island Oasis

Due to low demand, the Island Oasis will no longer be open for breakfast on Mondays and will open one hour later at 7:30 a.m. Tuesday - Friday. There will be no changes to the lunch hours of operation. Also due to a recent spike in egg prices, all menu items containing eggs will increase by 25¢ on Monday, **July 20**. Thanks for your understanding and please call 309-782-8603 with any questions or concerns.

Paintless Dent Repair Service Available

Back by popular demand, the paintless dent repair technician will be available for repairs on Wednesday, **July 29**, 9 a.m. - 7:30 p.m., at the Auto Skills Shop. If you have small dings, dents and other imperfections in your vehicle it may be possible to have them fixed without the excessive costs of more traditional body work. Call 309-782-8631 for more information and to schedule an appointment. ([Flyer](#))

First Friday Social

Join your Island colleagues Friday, **Aug. 7**, 4-7 p.m., on the lawn of Quarters One (inclement weather location will be inside the golf clubhouse) for a fun evening of appetizers, drinks, networking, and socializing and karaoke. This event is open to the entire RIA workforce and the general public so bring your friends, family, neighbors, mail man... whoever, just come out and have fun with us. Call 309-782-4372 for more info. ([Flyer](#))

MWR Leisure Travel Office



Office Hours

Monday through Friday, 9 a.m. – 3 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

Bus Trip to the 2015 Chicago Air & Water Show

Join MWR Saturday, **Aug. 15**, with a 6:30 a.m. departure, for a bus trip to see this one of a kind show on the shores of Lake Michigan. The Chicago Air and Water Show presented by Shell Oil Products U.S. and the City of Chicago is the largest free show of its kind in the United States. The show can be viewed along the lakefront from Fullerton to Oak Street, with North Avenue Beach as the focal point. Cost for the trip is just \$41 which covers transportation there and back. [Sign up online](#) or call 309-782-5890 for more info and to reserve your seats, this bus will fill up fast so don't delay, call today. [Check out the city of Chicago webpage for more info on the show.](#) ([Flyer](#))

Cubs vs. Cardinals Bus Trip

MWR Leisure Travel has a Cubs vs. Cardinals bus trip scheduled. Cost will be \$99 per person to include transportation and ticket to game. Seats are located in Upper Deck Box Outfield. Departing from RIA at 6 a.m. from the COL Davenport Pavilion. Limited alcohol permitted on chartered bus. Coolers must fit under the seats and not block the aisle. No glass bottles. No smoking permitted on motor coach. Estimated return time will be 8 p.m. ([Flyer](#))

Date: **Saturday, Sept. 19**

Time: **12:05 p.m.**

Discount Amusement Park Tickets and More at Leisure Travel

Memorial Day is the unofficial kick off to summer and Leisure Travel has discounts on all kinds of summer activities. Whether you are looking to book a cruise, need help finding a hotel, or just want to ride the rides at Adventureland or Six Flags Great America, Leisure Travel is the place to start. Call 309-782-5890, stop by the office in Bldg. 333 (next to the PX), or [visit our webpage](#) for more info and prices.

Disney LIVE! Three Classic Fairy Tales

Join Mickey, Minnie, Donald and Goofy as they take audiences on a captivating journey and magically bring to life three timeless fairy tale adventures. Discover Snow White as she searches for her one true love; Cinderella getting ready for her magical night at the ball; and Belle, from Beauty and the Beast, as she finds happiness in the most unusual place. Anchored amidst a transforming set, captivating choreography, innovative lighting and breathtaking costumes, this authentically-woven tale of “happily-ever-after” is a heart-warming Disney experience for the entire family.

Children One & older need a ticket. Leisure Travel has discounted seats for both performances. Show times at 4 p.m. and 7 p.m. Seats on sale until **Oct. 9**.
Date: **Friday, Oct. 16**

2015 Adventureland Tickets

Leisure Travel has discounted 2015 admission tickets on sale. Gate price for Adult is \$40; Child is \$35; MWR is \$32. Two years and under free admission.

Davenport Cinemark 53rd 18 + IMAX Theatre

Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53rd 18 + IMAX theatre (formally 53rd cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.



RIA CYSS Punt, Pass, & Kick

RIA CYSS will be hosting a free NFL Punt, Pass, and Kick Competition open to all military and DoD civilian children ages 6 to 15 on Saturday, **Aug. 22**. The competition will take place at Cannon Flats starting at 10 a.m. [Registration is online here](#) or by stopping down to the School Age Center in Bldg. 150. For each age division, the top scorer for each boys' division and the top scorer from each girls' division at each local competition advances to the sectional competition. The top scorers sectional competition have the opportunity to advance to the Chicago Bears Team Championships. ([More](#))

Soccer and Flag Football Coaches Needed

RIA Child, Youth & School Services is looking for soccer and flag football coaches for the upcoming seasons. Soccer will be for children PreK-4th grade and Flag Football for K-5th grade. Games/practices will be on the Rock Island Arsenal and at Two Rivers YMCA weeknights this fall. Some of the Benefits of becoming a coach:

- Free Sport Specific Training
- Free National Alliance for Youth Sports Certification
- Head Coaches children can participate at no cost
- Assistant Coaches may have one child participate at no cost and additional children at discounted rate.

If you are interested in becoming a coach or would like more information please contact Tim Hernandez at timothy.c.hernandez2.naf@mail.mil or 309-782-0511.

Covenant Cottage Child Development Home

Covenant Cottage Child Development Home is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call 309-782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.

Army Community Service



ACS is located in Bldg. 110, 1st floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: **309-229-8412**.

Stress Management Workshop

This free workshop taking place Monday, **July 20**, 11 a.m. - 12 p.m., in the Army Community Service Training Room, will teach techniques that focus on breathing and mindfulness that will help alleviate stress in your daily life. Call 309-782-0829 for more info and to sign-up. ([Flyer](#))

Couples Communication Class

Gain knowledge and learn skills that will enhance communication in your relationships on Wednesday, **July 22**, 5-7 p.m., in the Army Community Service Training Room. Participants need to RSVP to ACS 309-782-0829. ([Flyer](#))

Newcomers Orientation and Bus Tour

Are you new to the Arsenal or do you have new employees or service members in your office? Make sure to get them/yourself signed up for our next Newcomer's Orientation and Tour taking place Thursday, **July 23**, 8 a.m. - 1 p.m., at the Arsenal Island Clubhouse. The briefings and info on the tour will include everything a new employee needs to know to successfully transition to the Rock Island Arsenal and the surrounding Quad Cities and make their new home feel like home. This free service includes breakfast and lunch courtesy of our sponsor, Rock Island Arsenal Federal Credit Union. Space is limited so call 309-782-0829 for more info and to reserve your spots. ([Flyer](#))

Army Community Service 50th Birthday Celebration

On July 25, Army Community Service will be celebrating its 50th Birthday. For 50 years and counting, ACS has been committed to building the readiness, resilience and self-sufficiency of Soldiers, Families, Retirees and civilians in Army communities worldwide. Come celebrate with us Friday, **July 24**, 12-2 p.m., in the Army Community Service spaces, Bldg. 110, at our open house & ice cream social. For more info, call 309-782-0829. ([Flyer](#))

Advanced Résumé Class

This free class taking place Friday, **Aug. 7**, 1:30-3:30 p.m., in the Baylor Conference Room, will help you touch up your resume and get it into the format used for federal employment. The class is intended for spouses but is open to all Service Members, DA civilians (APF & NAF), retirees and family members of all the above. RSVP by July 1 by calling 309-782-0829 or usarmy.RIA.imcom-central.mbx.usag-acs@mail.mil ([Flyer](#))

Wrights Law

For many special needs Families, the search for support resources is never-ending. The capabilities and advantages of the internet provide a wealth of special needs information and resources to the Families that need it most. One of the better online resources available to all Families is www.wrightslaw.com. The website was created by two adjunct professors, Pete and Pam Wright,

who taught courses on special education law and advocacy, and are co-founders and faculty at the William and Mary Law Institute of Special Education Advocacy. Pete is an attorney who represents children with special education needs. Pam is a psychotherapist who has worked with children and families since the 1970s. The website offers a free weekly newsletter, "The Special Ed Advocate," the "Wrightslaw Way Blog," a listing of offered and available training sessions scheduled across the country, tips for special education law, and strategies to best serve your child(ren)'s special needs educational requirements, just to name a few. The great resource on the website is the legal aspect, examples of cases around the country that can provide great insight to the benefits available to special needs children based on case law. Books, DVDs, and links to other special needs resource websites are also readily available. The few minutes you spend checking out this online resource will be well worth your time. Individuals may contact the Exceptional Family Member Program coordinator at Army Community Services at 309-782-4736/0829 for more information on this topic other special need resources. *Disclaimer: This article is provided as information only. It is not a government endorsement of the website or services, products, or legal advice found therein.*

Employee Assistance Program



ASAP/EAP is located in Bldg. 56, 1st floor; visit our [ASAP/EAP website](#) or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. [Find us on Facebook click here.](#)

Summer Blues – July 2015

School's out and the kids are home enjoying the long days of summer; or maybe not. While July is considered by some to be the happiest month of the year, sometimes the change in routine or expectations of the season can lead you or your children to feel depressed. Depression in children or their parents is a concern as either can negatively affect a child's wellbeing. Children who are depressed may miss out on being with their peers and enjoying activities. It is also more likely for children who grow up with a depressed parent to be depressed in adulthood (Weissman, Wickramaratne, Nomura, Warner, Pilowsky & Verdelli, 2006). The good news is that treatment can help. A study reported in the Journal of the American Medical Association found that when mothers achieved remission of their depression symptoms through treatment their children also became less likely to be depressed ([National Institute of Mental Health, 2006](#)). Because treatment for mental health conditions can improve not only your life but also your children's, the Rock Island Arsenal Employee Assistance Program invites you to take advantage of the free and confidential counseling and referral services that the program has to offer. Schedule an appointment with an EAP counselor by calling 309-782-4357. Master-level counselors can provide information, short-term counseling, and referral services. If you have any concerns about depression, talk it over with a trained professional at the EAP. You can also access an anonymous screening at www.militarymentalhealth.org.

Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more.](#)

DSST Retest DSST Is Offering a Limited Time Cost Savings for Eligible

Service members who would like to retake their exam as a self-funder. Test takers will save \$10 when they retake an exam and use the promotion code W15TENOFF, through **July 31**. The code can be used to retake as many exams as needed by the deadline. The \$10 off promotion cannot be combined with any other DSST offers and the 90-day DSST exam retake policy applies. Students can find the full DSST exam list at www.GetCollegeCredit.com.

St. Ambrose University Master of Organizational Leadership Lunch and Learn

St. Ambrose is hosting informative lunch-n-learn sessions to describe how you can take advantage of special tuition rates available for MOL students. In support of our military and civilian personnel on the Arsenal, SAU offers special pricing at a fraction of the regular tuition rate for MOL students. The sessions will take place **July 28** in Bldg. 56, Room 116, 11:30 a.m. – 12 p.m. or 12-12:30 p.m. A light lunch will be provided. Priority will be given to military personnel. RSVP NLT **July 22** to reserve your seat. Call 563-333-6170 or leonardmichelem@sau.edu. The Garrison POC is [Michelle Beck](#) at 309-782-0965.

Annual Commencement Recognition Ceremony

Save the date! The Rock Island Arsenal Army Education Center will host an Annual Commencement Recognition Ceremony to provide an occasion for service members to express pride in their academic accomplishments and for the Department of the Army to acknowledge the same. Where: Heritage Hall, Bldg. 60, Rock Island Arsenal. Time: 1-3 p.m.; the ceremony begins at 1 p.m. with a reception to follow. Any Soldier who has graduated in the last year and would like to participate is encouraged to contact us.

Date: **Thursday, Sept. 10**

Area Schools to Visit RIA

The [Army Continuing Education Systems Rock Island Arsenal](#) is coordinating with Quad-City area schools to have them visit with eligible Ed Center patrons where they will meet with school representatives and learn about educational opportunities in the Quad Cities. These visits will take place in Bldg. 56, Room 121, 10 a.m. – 2 p.m. The schedule for this fiscal year is: • Ashford University, **July 23**; • Eastern Iowa Community College, **Aug. 6** and **Sept. 3**; • Kaplan University **Aug. 13**; • Saint Ambrose University, **July 16**; • Trinity College of Nursing & Health Sciences, **Aug. 20**; • Upper Iowa University **Aug. 12**.

Defense Commissary Agency / Exchange



The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

148 Years of Commissary Excellence

This month marks the 148th anniversary of the modern commissary benefit! In July 1867, Congress authorized the Army to begin selling food items – called "commissary goods" – at cost to soldiers of all ranks. This began the modern era of retail food sales on military installations. 148 years later, we are still proud to serve you! [To learn more about the history of the commissary benefit, read our news release.](#)

Arsenal Archive



Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

This Week in Rock Island Arsenal History – July 13-19

On July 13, 1962, the RIA held a Centennial Ball at the Davenport Coliseum Ballroom. A king and queen were chosen in honor of their years of service at the RIA. In July 1814, Lt. John Campbell's expedition to Prairie Du Chien was ambushed and defeated just above Rock Island by Black Hawk's British Band. The island where the attack occurred bears the name Campbell's Island and a monument was placed at the site of the battle to commemorate those who died there. In July 1957, the RIA long time mission (since 1899) responsibility for the industrial engineering, manufacturing, and maintenance engineering of certain categories of small arms, was transferred to Springfield Armory. On July 17, 1944, two companies of Italian prisoners of war arrived at RIA. Army Chief of Ordnance ordered manufacturing of Infantry and Cavalry Equipment at the RIA to begin on July 19, 1875.

Healthbeat

Army Entomologists Release Video on Controlling Mosquitoes in and Around the Home

Summer is officially here and many individuals are spending more time outdoors. Being outdoors increases one's risk of being bitten by mosquitoes. Not only do mosquito bites make outdoor activities unpleasant, their bites can transmit diseases to people and domestic animals. In the United States, mosquitoes can spread West Nile fever, dengue, chikungunya and several other debilitating diseases. Mosquitoes are also responsible for transmitting heartworm in dogs. To better educate Army personnel on what they can do to protect against mosquito-borne disease, the Entomology Program of the Army Institute of Public Health has released a video on controlling mosquitoes in and around the home. The video can be reviewed on Youtube. All mosquitoes have one common requirement--they need water to complete their life cycle. ([More](#))

Notes for Veterans

Congress Oks New ID Cards for All Veterans

Congress on Tuesday approved plans to offer new veteran ID cards to honorably discharged service members, in an effort to more easily prove their military service. The measure passed through the Senate and House without objection, but took several years to get through Congress. The Obama administration has expressed reservations about the need for the new IDs, but has not threatened to veto the legislation. The measure, sponsored by Rep. Vern Buchanan, R-Fla., would create official VA cards for all veterans, instead of only those who qualify for certain health care and financial benefits. Supporters called it a simple move to honor the sacrifice and service of veterans. "This legislation will assist veterans in proving that they are indeed veterans," said Rep. Mark Takano, D-Calif. "The majority of service members leave before retirement ... and are sometimes challenged to provide proof of their honorable service. This is a simple way to resolve this issue." The cards would not replace medical IDs or official defense retiree IDs for veterans, and could not be used as proof of eligibility for obtaining federal benefits. But they would serve as easy proof of military service for many veterans who complain they have to carry around copies of their discharge paperwork to get discounts or services at a host of private businesses. Buchanan argued that practice is at best cumbersome and at worst unsafe, given the personal information included on those official documents. Veterans requesting the IDs would have to pay a small fee, to be determined by Veterans Affairs officials. That fee would cover the cost of the program. The measure heads to the White House to be signed into law. No time frame has been established for when the first ID cards might be issued. ([More](#))



Around the Q.C.



C

July 15-19: [Rock Island County Fair](#) (Fairgrounds, East Moline)
July 16: [Poetry Spoken Word "New Edition"](#) (The Grape Life, 3402 Elmore Ave., Davenport)
July 17: [Rock Island Arsenal Chapter AUSA Annual Golf Outing](#) (Arsenal Island Golf Course)
July 18: [7th Annual Bark in the Park 5k Fun Run/Walk](#) (Geneseo City Park, Geneseo, Ill.)
July 22: [Hiring Our Heroes employment event](#) (RiverCenter in Davenport)
July 24-25: [Downtown Street Fest](#) (2nd Street in downtown Davenport)
July 25: [Bix 7 Run/Walk](#) (Downtown Davenport)
July 30-Aug. 2: [Bix Beiderbecke Memorial Jazz Festival](#) (RiverCenter/Adler Theatre, Davenport)
Aug. 4-9: [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)
Aug. 6: [Freedom Run 5k](#) (Moline)
Aug. 7-8: [Ya Maka My Weekend](#) (The District, Rock Island)
Aug. 13-15: [Tug Fest](#) (LeClaire, Iowa & Port Byron, Ill.)
Aug. 15: [Graduation Destination, Take the Journey, Finish It!](#) (River's Edge, 700 W. River Drive, Davenport)
Aug. 15: [Floatzilla](#) (Sunset Marina, Rock Island)
Aug. 21-23: [Tribute to Our Fallen](#) (Davenport Memorial Park)
Aug. 22: [2nd Annual LIVEFIT with Lupus Golf Outing](#) (Palmer Hills)
Aug. 28-29: [River Roots Live](#) (Downtown Davenport)
Aug. 28-30: [World Series of Dragracing](#) (Cordova Dragway, Cordova, Ill.)
Sept. 5-6: [Rock Island Grand Prix](#) (Downtown Rock Island)
Sept. 5-7: [Labor Day Weekend Pow Wow](#) (Black Hawk State Historic Site, Rock Island)
Sept. 12: Battle for the Rock (RIA Fitness Center)
Sept. 12: [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Downtown Davenport)
Sept. 12: [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)
Sept. 12-13: [Beaux Arts Fair](#) (Downtown Davenport)
Sept. 18-19: [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)
Sept. 19: [Brew Ha Ha](#) (LeClaire Park, Davenport)
Sept. 19-20: [Riverssance Festival of Fine Arts](#) (Village of East Davenport)
Sept. 27: [Quad Cities Marathon](#) (downtown Moline)
Sept. 25-27: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)
Oct. 3: [Gigi's Run](#) (Veteran's Memorial Park, Bettendorf)
Oct. 4: [SmokeEater Scramble](#) (Riverdale, Iowa)
Oct. 10: [Trinity Quad Cities Classic Regatta](#) (Mississippi River in Moline)
Oct. 11: [Apple Fest](#) (Downtown LeClaire, Iowa)
Oct. 29: [Fright Night](#) (The District, Rock Island)
Oct. 24: [Lagomarcino's Cocoa Beano 5K Race](#) (Village of East Davenport)
Nov. 20-29: [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)
Nov. 21: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 21: [Lighting on the John Deere Commons](#) (Downtown Moline)
Dec. 4-6: [Heartland Emergency Response Conference Expo](#) (QCCA)

Island Insight

C

Col. Elmer Speights, Jr., Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor

The Army publication, *Island Insight*, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of *Island Insight* is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil; Phone: 309-782-1121. [The Island Insight is available on-line.](#)

A poster for the 3rd Annual Freedom Run 5K. The top features the text "3RD ANNUAL FREEDOM 2015" in a stylized font. Below this is a large white star with "5K" in the center, set against a background of red and white stripes. Two dog tags are shown: one on the left that says "Open to All Runners & Walkers" and one on the right that says "Special Edition Dog Tag for All Who Finish". The date and location "THURS: AUG 6, 2015 RUN EAST MOLINE, IL." are printed below the star. A banner at the bottom reads "A Tribute and Appreciation Event for Those Who Serve(d)". Below the banner is the USO Illinois logo and a statement: "Proceeds Will Once Again Benefit the AUSA and USO Emergency Relief Grant Programs Supporting Military and Military families in need in the QC community". To the right of this is the logo for the Association of the United States Army (AUSA). The bottom section, titled "DIVISION ROSTER FOR FREEDOM RUN:", lists five divisions with their descriptions and costs: "5K Run/Walk" (\$30), "Double Time" (\$30), "Frontline Chiropractic Mile" (\$25), "Ground Pounder Fun Run" (\$15), and "MIA Division" (\$25).

3RD ANNUAL FREEDOM 2015

5K

Open to All Runners & Walkers

Special Edition Dog Tag for All Who Finish

THURS: AUG 6, 2015 RUN EAST MOLINE, IL.

A Tribute and Appreciation Event for Those Who Serve(d)

USO ILLINOIS

Proceeds Will Once Again Benefit the AUSA and USO Emergency Relief Grant Programs
Supporting Military and Military families in need in the QC community

ASSOCIATION OF THE UNITED STATES ARMY

A cool Military Themed T-shirt, Drawstring Bag, and Dog Tags for All Participants

DIVISION ROSTER FOR FREEDOM RUN :

- "5K Run/Walk" - 1 Hill with Gradual Incline, Fast Downhill \$30
- "Double Time" - (5.8 Mile) Loop, if 5K is Not Enough \$30
- "Frontline Chiropractic Mile" - Extremely Flat, Out-n-Back \$25
- "Ground Pounder Fun Run" - For the new, younger recruits \$15 - New for 2015!
- "MIA Division" - For Those Who Can't Attend, But Still Want to Support (You will Receive a Tee Shirt). \$25